



Skate Canada



AB|NT|NU



SANCTION #3213



TG LITTER & OLD SPECTACULAR

SUNDAY APRIL 14, 2024

Hosted by the Thorncliffe Greenview Ice Skating Club

Thorncliffe Greenview Community Association - Forbes Innes Arena
5600 Centre Street North
Calgary, Alberta

EVENT INFORMATION

EVENT NAME

2024 Thorncliffe Greenview Glitter and Gold Spectacular
A CanSkate Element Event and Star 1-3 Interclub Competition

EVENT DATE

April 14, 2024

HOST CLUB NAME

Thorncliffe Greenview Ice Skating Club

INVITED CLUBS

All Clubs of the Calgary Region. **registration may open up to other clubs space permitting.*

EVENT CHAIRS

Name: Melissa Butler & Sara Knowles
Email: competitions@tgiceskatingclub.com

HEAD JUDGE

Cathy Thoms

ARENA DETAILS

Name: Forbes Innes Arena located in the Thorncliffe Greenview Community Association
Address: 5600 Centre Street North, Calgary, Alberta
Ice Surface Dimensions: 185' x 85' hockey arena

ON-SITE REGISTRATION TIMES

Skaters must register at the registration table at least one hour prior to their scheduled category. Skaters must report to the Ice Captain 30 minutes prior to their scheduled category. All music must be uploaded to the google drive one week prior to the event. Upload your music here (*TGISC skaters do not need to do this*): <https://drive.google.com/drive/folders/1CVwUEF6jGilRidDhzrovAkRx7slxxhBZ>

SCHEDULE AND CANCELLATION OF EVENTS

The host club reserves the right to cancel events or limit the number of entries due to time constraints or ice availability. Skaters entering multiple events do so with the understanding that there may be conflicts that cannot be resolved.

WARM UP TIMES

Skate Canada has standardized warm up times for all events. Warm up times for all CanSkate events will be 3 minutes.

ACCIDENTS

The Association and Committee of the Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in these events, all skaters and their parents or guardians shall be deemed to agree to assume all risks or injuries to the skaters person and property resulting from, or caused by, or connected with the conduct and management of the events. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

REGISTRATION INFORMATION

CATEGORIES

The following Categories are to be held:

- CanSkate Elements
 - *in the same format as Star 1*
- CanSkate Open Team Elements
- Star 1-3 Elements
- Star 2-3 Freeskate Programs
- Star 2-3 Creative Improv
- Star 2-3 Team Elements

Skaters entering multiple events do so with the understanding that there may be conflicts that cannot be resolved.

FEES

Individual Events: \$65 for first event, \$35 for each additional individual event

Team Event: \$40 (only one person per team needs to register and pay the fee online)

**Team name and list of skaters in each team will be needed at the time of registration.*

**Team event does not count as an additional event and will not be discounted.*

PAYMENT OPTIONS

Online: Visa/Mastercard

TO REGISTER please click on the link:

<https://www.tgiceskatingclub.com/pages/tg-glitter-and-gold-spectacular/>

ENTRIES

Entrants in Events shall be:

- Eligible persons as defined in Skate Canada Rule Book Section 2100
- Be Associate members in good standing of the Association. All event entries will be accepted only from skaters who are members of affiliated Skate Canada clubs.

CLOSING DATE OF ENTRIES

All entries must be registered online no later than **March 22, 2024 by 12pm MST**. It is the responsibility of the skater to ensure that their entry is in to the Host Committee Registration person by the closing date.

#teamTG skaters will receive priority registration between February 15-29th, 2024. Registration will open to all Calgary clubs on March 1, 2024 at 9:00 AM.

LATE ENTRIES

There will be absolutely no late entries accepted after the deadline. No exceptions.

WITHDRAWAL/REFUND OF ENTRY FEES

Entry fees shall be refunded only if the event is not held. Any changes or withdrawals may be requested **before** the closing date and will occur a fee of \$10. **No refunds will be made after the closing date (March 22) for any reason, including medical pulls. No exceptions.**

AWARDS

It is the responsibility of ALL skaters receiving an award to wear their skates and skating attire for the awards presentation. Awards will be ongoing all day long. Everyone goes home a winner!

PICTURES & VIDEOS

Persons wishing to take photographs of on-ice performances are reminded that use of flash cameras is forbidden. The use of video cameras must be restricted to areas that do not hamper the skaters. **NOTE:** You may only take pictures or videos of your own skater. No parents will be allowed in the player's box area.

CATEGORIES OFFERED

PROGRAM EVENTS

Skaters perform elements linked together through connecting steps. Each skater will perform their program one at a time. Skaters should register for the average level they are currently working on. Skaters will be assessed to standard as per the *Star 1-4 Event Standards for Assessment Guide* or the *CanSkate Manual*.

- **Star 2 Freeskate Program**
 - Will be performed on full ice. Skaters will perform their trained Star 2 solo as prescribed by the Skate Canada 2023-2024 Star Program Requirements.
- **Star 3 Freeskate Program**
 - Will be performed on full ice. Skaters will perform their trained Star 3 solo as prescribed by the Skate Canada 2023-2024 Star Program Requirements.

CREATIVE IMPROVISATION EVENT

Creative Improv programs are offered in a singles format and are designed only by the skater with minimal preparation. There is no coaching permitted for these events. Designated volunteers will be responsible for each group to bring the skaters to and from the dressing room to the ice. All the skaters in a given flight for an event are presented with a pre-selected piece of music prior to the warm-up. All skaters in the flight for that event will perform to the same musical selection. Skaters will listen to the music twice off-ice in a designated area (i.e. dressing room) and twice on-ice during the 4 min warm-up period.

- **Star 2 Creative Improv**
 - Designed for skaters working on Star 2 Assessments
 - Skaters will use half ice with 45 seconds of music to be performed to.
- **Star 3 Creative Improv**
 - Designed for skaters working on Star 3 Assessments
 - Skaters will use full ice with 45 seconds of music to be performed to.

TEAM ELEMENT EVENTS

Skaters will be assessed to standard as per the *Star 1-4 Event Standards for Assessment Guide* or the *CanSkate Manual*. Teams must be comprised of 2 to 4 skaters. At least 50% of the team must have passed two Assessments at the entered level. Each skater will perform one element. If a team consists of less than 4 skaters, no skater may perform more than two elements.

	CANSKATE OPEN <i>Team</i>	STAR 2 <i>Individual or Team</i>	STAR 3 <i>Individual or Team</i>
JUMPS	Backward 360 2-ft jump	Loop Jump	Flip Jump
	Waltz Jump	Waltz Jump+Toe Loop Combination	Loop+Loop Jump Combination
SPINS	2-ft or 1-ft spin <i>Assessed to standard of stage 4 or 5 depending on spin chosen</i>	Backspin	Combination Spin <i>No change of foot</i>
FIELD MOVES	1 Forward Spiral <i>Curve or Straight Line</i>	Forward Spiral Sequence	Forward Spiral Sequence

STARSKATE INDIVIDUAL ELEMENT EVENTS

Skaters will be assessed to standard as per the *Star 1-4 Event Standards for Assessment Guide*. Each skater will perform each element in isolation and skaters will take turns within their group. Skaters should register for the average level they are currently working on.

• Star 1 Freeskate Elements

- Circle Stroking Exercise: Stroking (crosscuts) in same direction on a circle. 1 round forward, 1 round backward. (Draw for direction)
- Three Jumps:
 - a. Waltz Jump
 - b. Single Salchow
 - c. Single Toe Loop
- Two Spins:
 - a. Forward Upright Spin
 - b. Backward Upright Spin
- Forward Spiral Circles: Two spirals, one on each foot executed on a circle in the same direction. Skater chooses direction.
- 30 second creative expression event

• Star 2 Freeskate Elements

- Loop Jump
- Waltz Jump+Toe Loop Combination
- Backspin
- Forward Spiral Sequence

• Star 3 Freeskate Elements

- Flip Jump
- Loop+Loop Jump Combination
- Combination Spin with no change of foot
- Forward Spiral Sequence

CANSKATE INDIVIDUAL ELEMENT EVENTS

Skaters will be assessed to standard as per the *CanSkate Manual*. Skaters competing in Stage 4 & 5 Categories must wear a CSA approved helmet.

CanSkate element event: All skills will be executed on a Performance Circuit. Each skater will perform individually. Please see the following page of this document for circuit diagrams. CanSkate will also participate in the 30 second creative exercise traditionally found in the Star 1 event: Creative Expression (30 seconds – music provided by the host club, selection randomly chosen at competition – each flight to have a different music selection) Note: this is assessed as “completed” or “incomplete” only.

• Stage 4 Elements

- Circuit Skills
 - Forward One Foot Turn
 - Forward Crosscuts
 - Backward Circle Thrusts
 - Two-foot jump forward to backwards and backwards to forwards
- 30 second creative expression event

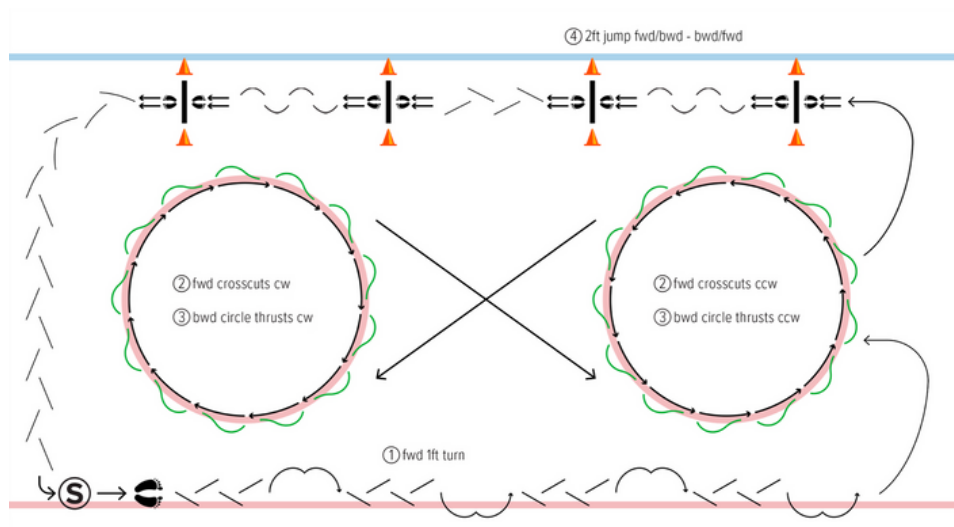
• Stage 5 Elements

- Circuit Skills
 - Forward Inside Edges
 - Forward 2 foot side stop
 - Backward Push/Glide Sequence
 - Forward Power Jump (Bunny Hop)
- 30 second creative expression event

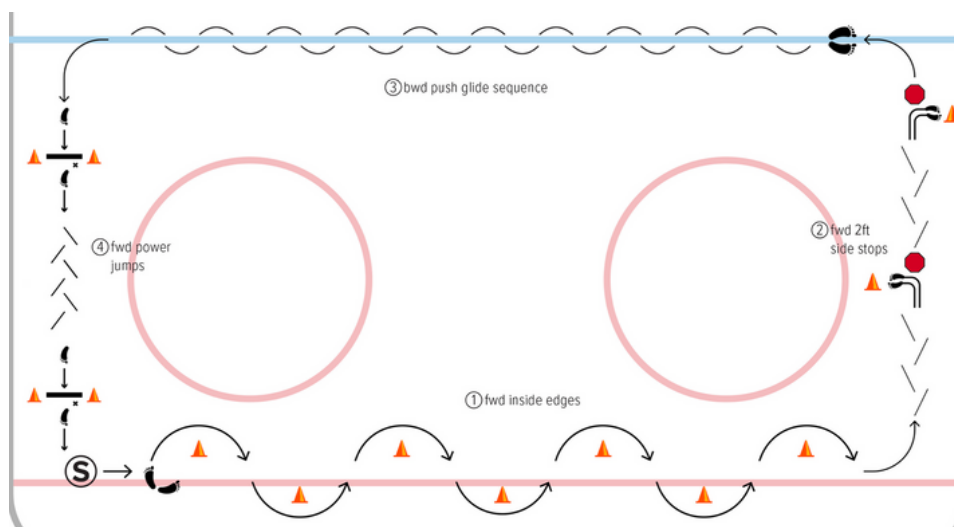
• Stage 6 Elements

- Circuit Skills
 - Forward Outside Edges
 - Forward One Foot Side Stop
 - Forward to backward and backward to forward c-steps
 - Backward Perimeter Skating with Crosscuts
- 30 second creative expression event

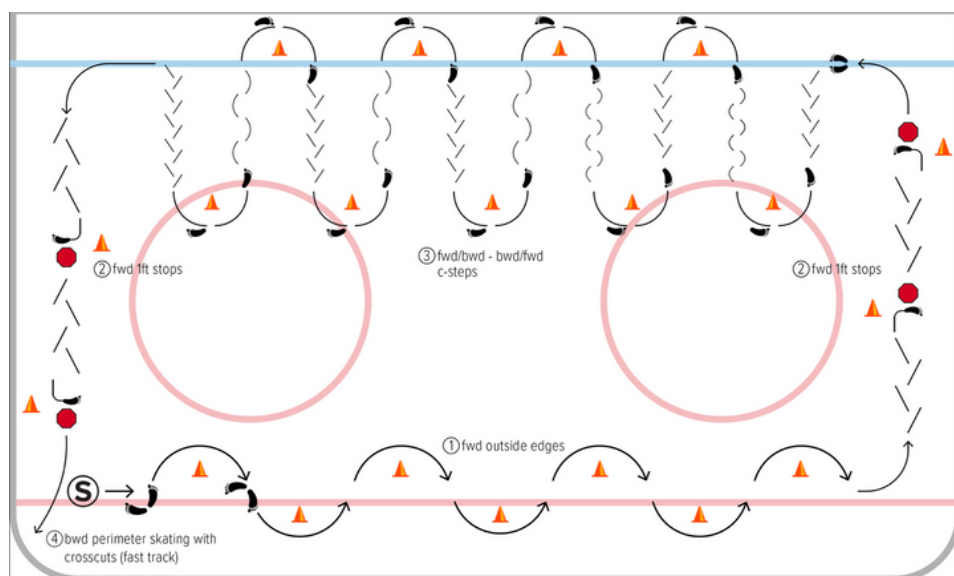
CANSKATE CIRCUITS FOR INDIVIDUAL ELEMENT EVENTS



Stage 4



Stage 5



Stage 6